

Sleep Duration Phenotypes in Generalized Anxiety Disorder: Evidence from Objective Sleep Monitoring and Heart Rate Variability

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General Sociodemographic Questionnaire

Hello: To gain a more comprehensive understanding of your sleep status and provide targeted intervention measures accordingly, please complete the following questions. There are no right or wrong answers. Please fill in the information based on your actual situation and tick (√) the number corresponding to your choice.

1. Name: _____
2. Age: _____ years old
3. Gender: ① Male ② Female
4. Height: _____ cm; Weight: _____ kg
5. Marital Status: ① Unmarried ② Married ③ Divorced or Widowed
6. Ethnicity: ① Han Chinese ② Hui Chinese ③ Other
7. Educational Background: ① Illiterate ② Primary School ③ Middle school ④ High School ⑤ Bachelor's Degree or Above
8. Occupation: ① Unemployed ② Student ③ Farmer ④ Civil Servant ⑤ Technical Staff ⑥ Other
9. Smoking Status: ① Never Smokes ② Smokes Daily
10. Drinking Status: ① Never Drinks ② Drinks Weekly

Contact Information: _____

ID Card Number: _____

Signature: _____ Date: _____